

## Confession.

For many in the Protestant faith we don't know if it is something we do or are supposed to do. Is it just a Catholic thing? Was that some formal practice in the church long ago that we don't do anymore? This Read section for Confession comes from Tim Challies on Challies.com. He is a pastor and author and he writes here about the role of confession in a Christ Follower's life.

http://www.challies.com/christian-living/the-practice-of-confession

Take time to read to through his blog entry and think through questions you may have, and how this might affect your life if you were to implement confession as a part of your conversations with God.

